

Michaela Conley

MA MCHES® DipACLM NBC-HWC NMI-2
MFT Student, Master Coach, Faculty, Trainer, Consultant

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Currently

- Marriage & Family Therapy Student, TUW, Touro University Worldwide, 2022-23
- Adjunct Faculty, Southwest Institute for the Healing Arts.
- Executive Director, State of Wellness Inc.
 - Master Trainer, Lifestyle Coach Training, Diabetes Prevention Program
 - Continuing Education Provider, Training/Content Development
 - Conversation Host & Interviewer

Recent Training

- INELDA, End of Life Doula
- EFT, Emotional Freedom Technique (tapping) (Level #1 & 2)
- MINT Motivational Interviewing Network of Trainers (Fall 22)
- Gottman Couples Therapy completed level 2.

Credentials

- DipACLM- (#0001) Certified Lifestyle Medicine Professional
- MCHES® - Master Certified Health Education Specialist
- NBC-HWC - National Board Certified Health and Wellness Coach
- Master Trainer – National Diabetes Prevention Program
- NMI - Neuromeditation Instructor
- HeartMath Certified Trainer
- CIC® – Certified Intrinsic Coach
- CVS® – Certified Valuation Specialist
- Trained Facilitator - LEGO® Serious Play Methodology
- Certified Laughter Yoga Teacher

Education

- MFT Marriage and Family Therapy, Touro University Worldwide
- MA Wellness Management, Fisher Institute for Wellness, Ball State University
- BS Exercise Science, Ball State University

Coaching, Training, Online Learning Development

- 2021-Pres. Adjunct Faculty, South West Institute for the Healing Arts
- 2018-2021. Coaching Program Curriculum Design Quantum University
- 2005-Pres. Group and individual training / coaching

- 2014-Pres. Designed online learning environment and strategies to deliver the CDC's National Diabetes Prevention Program Lifestyle Coach Training.
- 2012- Pres. Developed bi-annual online virtual study group platform including curriculum for professionals preparing to sit for the Certified Health Education Specialist CHES and the Master Certified Health Education Specialist MCHES exam
- 2008–2018. Developed and hosted HPLive, Live & archived webinars providing trusted, unbiased educational resources from industry thought leaders

Collaboration

- 2014-Pres. In force Memorandum of Understanding with the Centers for Disease Control and Prevention to Train Lifestyle Coaches online for the National Diabetes Prevention Program

Board of Directors and Working Groups

- BOD Center for Health And Wellness Law
- BOD National Association for Health & Fitness
- ACLM, MIG Co-Chair, Happiness Science
- CDC's National Diabetes Education Program – Business Health Strategies Stakeholder Group

Membership

- International End of Life Doula Association
- American Association for Marriage & Family Therapy
- International Positive Psychology Association
- American College of Lifestyle Medicine
- Association for Comprehensive Energy Psychology
- HeartMath Institute

Entrepreneurship

State of Wellness, we strive to facilitate collaboration among stakeholder groups including state and territory groups, community leaders and business focusing on evidence-based programs & resources to improve health for all.

HPLive.org / Health Promotion LIVE: Host weekly webinar with nationally & internationally recognized experts on topics important to professionals in health promotion related fields. CEU provider: ACSM, CHES/MCHES, CPH, CRD, HR, RD.

HPCareer.Net, llc – Recognized as the leading career resource for professional in health promotion related fields. Certified Small Woman-Owned Business. Partnership development with membership organizations, publishers and credentialing bodies. 80,000+ registered users and subscribers

References available upon request