

Michaela Conley

MA MCHES© DipACLM NBC-HWC NMI CIC© CVS© CLYT

Master Coach, Trainer, Consultant

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USA

Currently

- Faculty, Southwest Institute for the Healing Arts.
- Executive Director, State of Wellness Inc.
 - Master Trainer, Lifestyle Coach Training, Diabetes Prevention Program
 - Continuing Education Provider, Training/Content Development
 - Host & Interviewer

Social Media Development

- **Clubhouse** - Club Development & Management: NBC-HWC, HeartMath, State of Wellness
- **Fireside** - Early Adopter, Host

Credentials

- MA, Wellness Management, Fisher Institute for Wellness, Ball State University
- NBC-HWC - National Board Certified Health and Wellness Coach
- NMI - Neuromeditation Instructor
- HeartMath Certified Trainer
- Dip-ACLM- (#0001) Certified Lifestyle Medicine Professional
- MCHES© - Master Certified Health Education Specialist
- CIC© – Certified Intrinsic Coach
- CVS© – Certified Valuation Specialist
- Master Trainer– Lifestyle Coaches, National Diabetes Prevention Program
- Trained Facilitator - LEGO® Serious Play Methodology
- Certified Laughter Yoga Teacher

Coaching, Training, Online Learning Platform Development

- 2018-Pres. Coaching Program Curriculum Design Quantum University
- 2005-Pres. Group and individual coaching.
- 2014-Pres. Designed online learning environment and strategies to deliver the National Diabetes Prevention Program Lifestyle Coach Training.
- 2012- Pres. Developed bi-annual online virtual study group platform including curriculum for professionals preparing to sit for the Certified Health Education Specialist CHES and the Master Certified Health Education Specialist MCHES exam
- 2008–2018. Developed and hosted HPLive Live & archived webinars providing trusted, unbiased educational resources

- Built online community of practice for ongoing collaboration and learning for other various training products

Collaboration

- 2014-Pres. In force Memorandum of Understanding with the Centers for Disease Control and Prevention to Train Lifestyle Coaches online for the National Diabetes Prevention

Board of Directors and Working Groups

- BOD Center for Health And Wellness Law
- BOD National Association for Health & Fitness
- ACLM, MIG Co Chair, Happiness Science
- CDC's National Diabetes Education Program – Business Health Strategies Stakeholder Group

Membership

- International Positive Psychology Association
- American College of Lifestyle Medicine
- Association for Applied Psychophysiology and Biofeedback
- HeartMath Institute

Entrepreneurship

State of Wellness, a 501c3 Non-Profit Organization: State of Wellness aims to facilitate collaboration among stakeholder groups including state, community leaders and small business focusing on evidence-based resources to improve health for all.

HPLive.org / Health Promotion LIVE: Host a weekly webinar with nationally & internationally recognized experts on topics important to professionals in health promotion related fields. CEU provider for the following professional credentials: ACSM, CHES/MCHES, CPH, CRD, HR, RD.

HPCareer.Net, llc – Recognized as the leading resource for professional in health promotion related fields. Certified Small Woman-Owned Business. Partnership development with membership organizations, publishers and credentialing bodies. Currently 60,000+ registered users and subscribers

References available upon request